



Cosmetic Image Clinics

## Dermal Fillers

### Anti Wrinkle Injections

**Dynamic wrinkles** are those caused by the contraction of facial muscles, for example crows feet when we smile. At rest, without any voluntary expression, they are not there. The only way to prevent dynamic wrinkles is to inject small quantities of muscle relaxant, made from a natural purified protein, into the facial muscles.

**Muscle relaxant injections** take 3 to 4 days to start working and two weeks to take full effect. The effects last for approximately 3-4 months and gradually wear off towards the end of that time. Occasionally results can last longer than this. The procedure takes approximately 15 minutes and involves only minor discomfort. There can be a small bruise or minor swelling, which is treated with the application of ice.

**Static wrinkles** are those already etched into the skin. Our approach to treating static wrinkles is to use a combination of muscle relaxing injections and Dermal Fillers. The 'laugh lines', also called the nasolabial folds and marionette lines, folds which follow from the corners of the mouth to the chin, are examples of static wrinkles which are commonly treated with dermal fillers.

### Facial Line Fillers

**Dermal fillers** in the form of clear gel are injected into the skin in tiny amounts with a very fine needle to fill up static lines and depressed scars. A dental block or topical cream or ice may be used to numb the area being treated in order to minimise discomfort.

We most commonly use non-permanent fillers that are hyaluronic acid based, containing no animal proteins or allergens, ensuring their safety. They are biodegradable after injection into the skin. They are available in different thicknesses, suitable for applications ranging from fine smokers lines to cheek enhancement. They last from four months to two years after the initial treatment depending on the strength of the product used. Longer lasting and permanent fillers are also available, however, we recommend that your first dermal filler should be non-permanent to ensure that you are happy with the visual result of the treatment before proceeding with a permanent filler.

The treatment takes approximately 20 to 30 minutes depending on the volume required and the area to be covered. Swelling and a small amount of bruising are possible, which usually resolve within a couple of days.

### Lip Enhancement

Lip enhancement with injectable dermal fillers creates volume and definition with immediate results. Usually the filler is injected into the inside of the upper and/or lower lip creating a more pronounced mouth and fuller lips. Some women like to have a lip line tattooed in natural or lipstick colour in order to enhance the look of their fuller lips. It is important to complete your cosmetic



Cosmetic Image Clinics

tattoo treatment prior your lip enhancement injection for best results. Another technique of lip enhancement is to inject filler along the lip line to create greater edge definition. This can also prevent lipstick bleeding into the fine lines around the lips.

The treatment takes approximately 20 minutes. Swelling and a small amount of bruising are possible, which usually resolve within a couple of days. Temporary fillers will break down naturally and be re-absorbed by the body. Most people return for a top up injection after 6 to 12 months.

### **Facial Contouring**

As an alternative to surgical facelift or facial implants, **injectable implants** are now available for cosmetic facial contouring.

With injectable implants we can achieve optimal correction of asymmetry and conditions such as lipoatrophy. The chin and jaw can be improved by enhancing their prominence. The nose can be reshaped, correcting indentations, tips and bumps. Cheeks can be augmented and deep lines filled out. The implants will remain in place for up to 2 years, depending upon individual factors such as age, skin type and muscle activity. After months to years they will gradually be metabolised and absorbed by the body.

The procedure can take 20 minutes or longer, depending upon the area to be treated. A topical anaesthetic cream is used to minimise discomfort. Swelling, bruising and itching or tenderness are possible, but usually resolve within a couple of days.