



Cosmetic Image Clinics

Facelift

The facelift is perhaps the most famous procedure in plastic surgery. It may also be the most misunderstood. Many people think a facelift makes you look plastic and unnatural. They think facelifts are only for the rich and famous. They may even think that facelifts don't work. But they're wrong!

Sure, in the past, many celebrities sported facelifts that were too tight and unnatural -- and outrageously expensive. But today's technologically improved procedures can absolutely work wonders. Some patients look as much as ten years younger — and they look younger naturally. Instead of looking as if they "got lifted," they simply look radiant and refreshed. healthy And younger.

Friends will ask not if you've had surgery, but rather, have you been on vacation? Did you lose weight? What exercise program are you on?

In addition to looking extremely natural, facelifts today now last longer than ever — as long as ten years. And many patients enthusiastically repeat this procedure with great success. One reason why is the many advances in surgical techniques.

Today, we routinely tighten not only the skin but the underlying muscles as well. And that makes an enormous difference. The facelift as performed under "twilight" anaesthesia as an outpatient procedure and takes approximately two to three hours in a day surgery centre.

We begin with an incision behind the hairline, which extends in natural skin creases down and around the ear and then back into the hair-bearing scalp behind the ear. This incision is designed for maximum camouflage. A tiny incision is also often made under the chin to allow fat removal and muscle tightening in the neck. After elevating the skin from the underlying tissues, liposculpting techniques can be used to remove excess facial fatty deposits.

The deeper layers of lax tissues are then tightened — which is why longer lasting and more natural results are possible. Finally comes the excess skin. We take great care to make sure the skin is made taut, but not overtightened. The proper amount of skin tension is a crucial factor in beautiful, natural results — and it's why you should choose a surgeon with a great deal of experience in facelift surgery.

Together, the tightened muscles and removal of excess skin and fat will diminish and often remove creases, lines, and folds and restore the younger natural contours of your face. Your jawline, cheekbones, and neck will become more defined and attractive as they regain their youthful, firm appearance.

We can perform a facelift alone or in conjunction with other procedures such as eyelid surgery, forehead lift, nose refinement, or laser skin-resurfacing. When receiving a facelift, most patients will combine it with one or more smaller procedures to help minimize the overall recovery period.



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Recovery is surprisingly quick and usually pain-free. There is some bruising and swelling, and usually five days of wearing a bandage that will be required of you. Most patients are back to work and their normal activities within two weeks of the procedure — looking and feeling younger, too.